

**AMENDMENTS TO THE CLAIMS:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

1. (Previously presented) Agent for producing a satiety effect for weight loss consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt.

2. (Previously presented) Agent according to Claim 1, wherein the agent is present in compressed form.

3. (Previously presented) Agent according to Claim 1, wherein the agent contains alginate or pectin or a combination thereof as the anionic polymer.

4. (Previously presented) Agent according to Claim 1, wherein the agent is present as an aluminum alginate, aluminum pectinate, or combination thereof.

5. (Previously presented) Agent according to Claim 1,

wherein the agent contains vitamins, trace elements, or medicinal compounds as active ingredients.

7. (Currently amended) Agent according to Claim 1, wherein the agent is formed as one of the group consisting of:  
~~administered in the form of~~ tablets, capsules, coated tablets, granulates, or powders.

8-11. (Canceled)

12. (New) A method for producing a satiety effect and for weight loss, comprising: providing an agent consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt; and ingesting the agent.

13. (New) A method for regulating cholesterol balance, comprising: providing an agent consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt; and ingesting the agent.

14. (New) A method for producing a composition for producing a satiety effect and for weight loss, comprising: using

an agent consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt, for producing the composition.

15. (New) A method for producing a composition for regulating cholesterol balance, comprising: using an agent consisting of a dried, porous gel or foam of at least one anionic polymer, wherein the agent is present as an aluminum salt, for producing the composition.